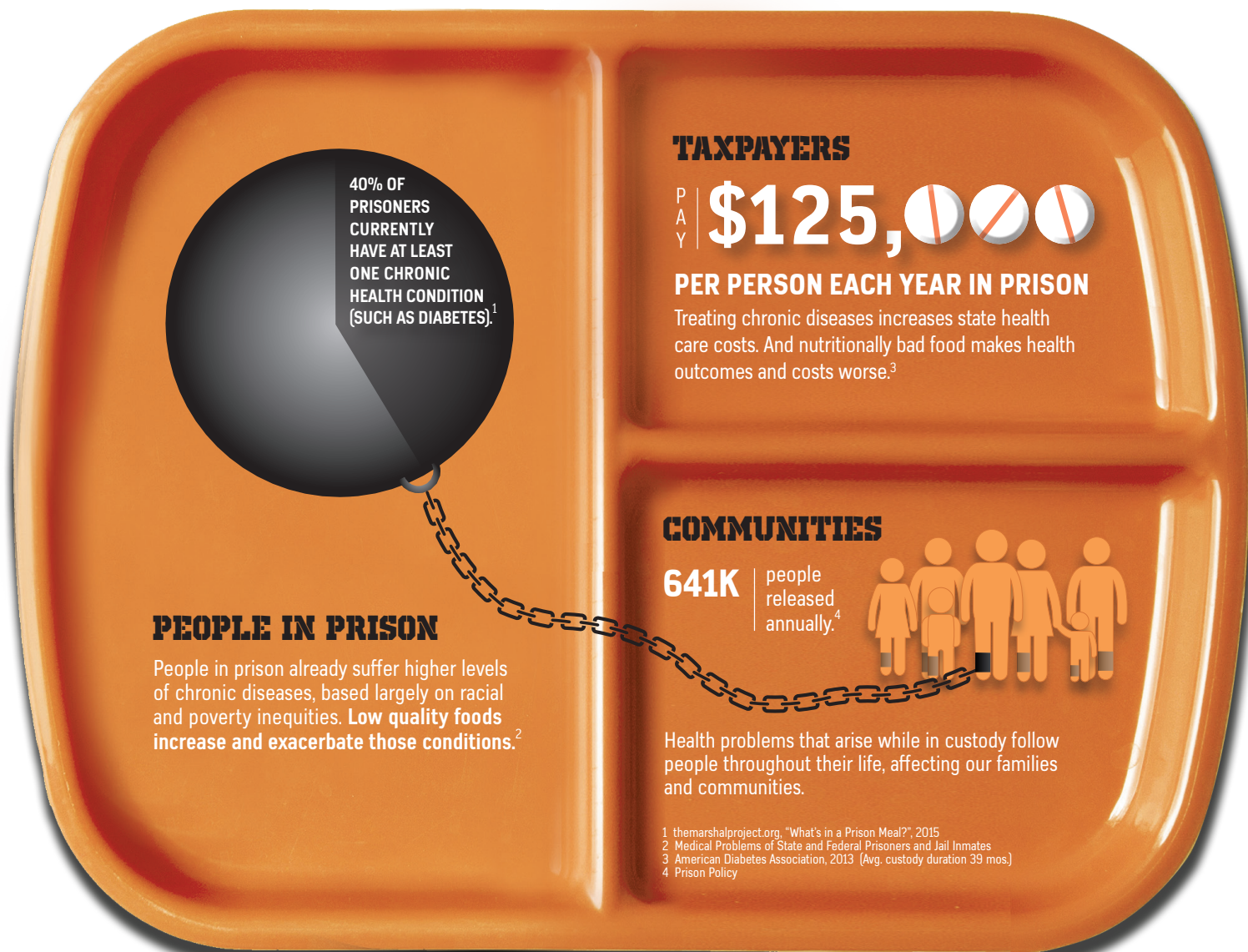


Unhealthy prison food punishes us all.

Some correctional facilities spend less than a dollar per prisoner, **per meal**, resulting in meals that are extremely low in quality and nutritional value, and contain high levels of cholesterol, sodium and sugar — factors that lead to type II diabetes and heart disease.¹



1 themarshproject.org, "What's in a Prison Meal?", 2015
2 Medical Problems of State and Federal Prisoners and Jail Inmates
3 American Diabetes Association, 2013 (Avg. custody duration 39 mos.)
4 Prison Policy

To help improve healthy food access in your state, visit voicesforhealthykids.org